

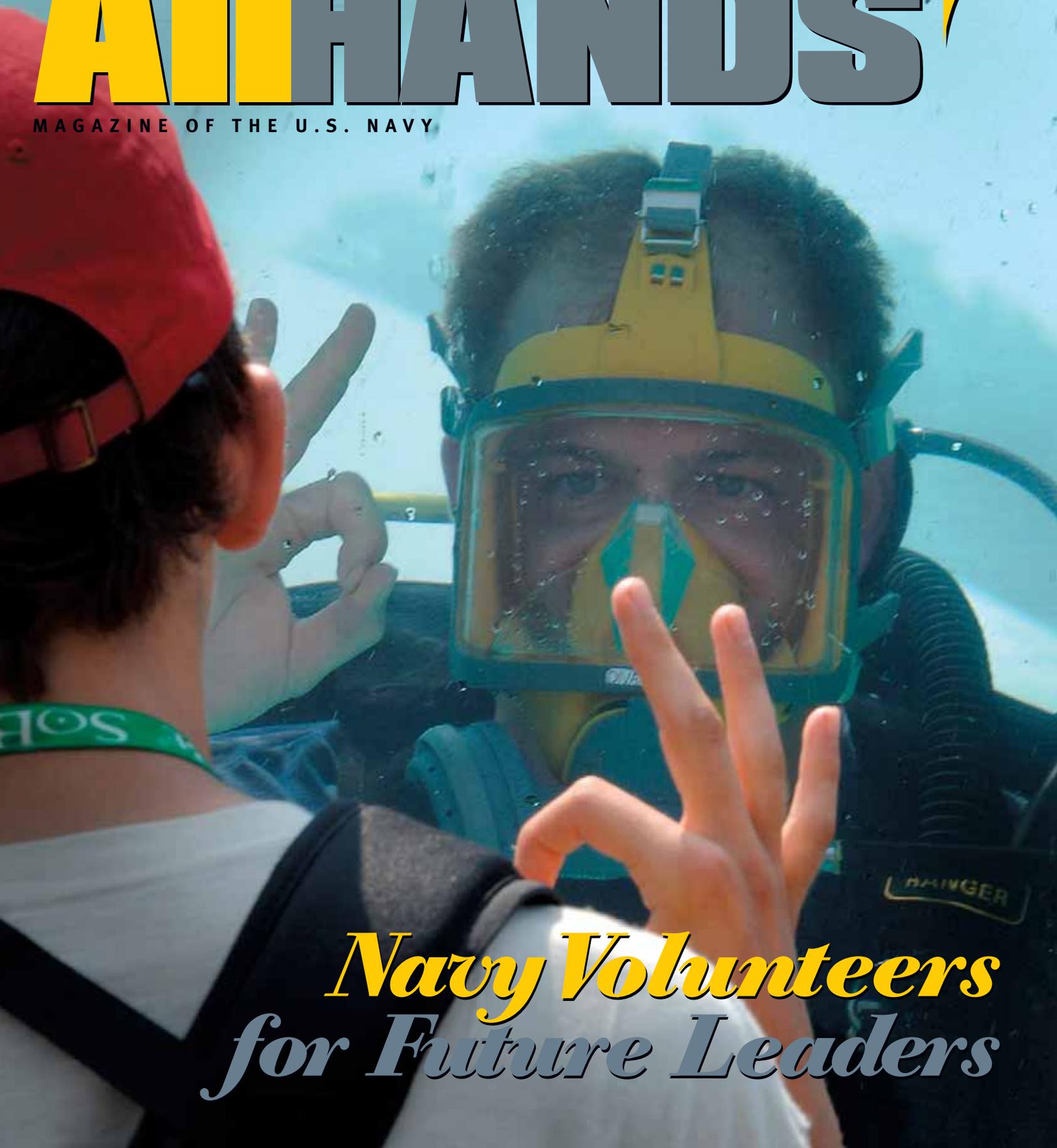
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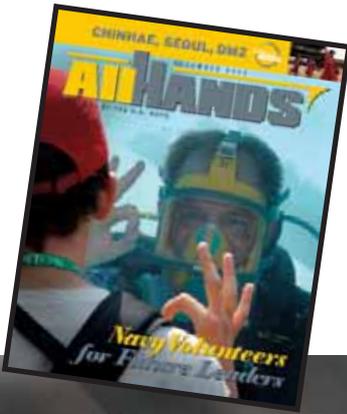
DECEMBER 2005

ALL HANDS

MAGAZINE OF THE U.S. NAVY



*Navy Volunteers
for Future Leaders*



14 International Distance

At Naval Base Ventura County, Calif., a starting horn recently marked the beginning of the most important triathlon in the military. Read how Team Navy held its own at the 12th Annual World Military Triathlon Championship.

Photo by JOC(SW) Robert Benson

[On the Front Cover]

Reserve Explosive Ordnance Disposal Diving Demonstration Teams share underwater signaling with the Scouts from a mobile tank set up at the 2005 Jamboree.

Photo by PH2 Todd Frantom

[Next Month]

Look for the 2006 Owners & Operators Manual and calendar.

[Departments]

Around the Fleet — 8

Focus on Service — 38

The Final Word — 40



[Number 1064]

ALL HANDS

December

[Features]



18 Duty in Korea

If you're ready for overseas duty take a good look at Korea. The small-town feel of Chinhae in the south, the bright lights and big city of Seoul or the solitude of the DMZ in the north offer Sailors a variety of duty stations as well as lots to do when off duty.

Photo by JO1(SW) Monica McCoy



30 Navy Volunteers for Future Leaders

Every four years, Navy volunteers join the Boy Scouts of America at their Jamboree at Fort A.P. Hill, Va., as teachers, mentors and in some instances parents. The young participants meet Scouts from around the world, participate in Scouting activities, have fun and find out just a little bit more about the Navy.

Photo by PH2 Todd Frantom







A Pakistani woman watches earthquake relief efforts as supplies are unloaded from a U.S. Navy MH-53E *Sea Stallion* helicopter, assigned to Helicopter Mine Countermeasure Squadron (HM) 15, in a remote village of Northern Pakistan.

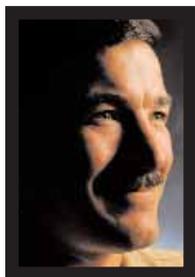
Photo by PH2 Timothy Smith

Speaking with Sailors

Master Chief Petty Officer of the Navy
MCPON (SS/AW) Terry D. Scott

MCPON discusses Professional Reading List opportunities

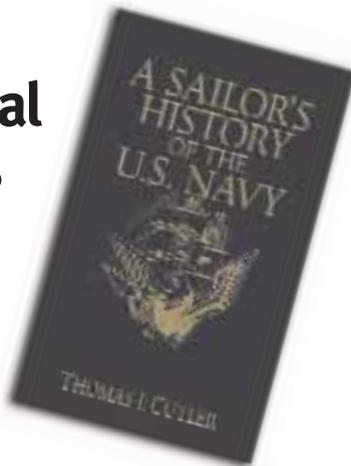
We have few ways to judge our success in the future other than by the experiences and lessons of our past. Your efforts in education will pay off with an appreciation of our history from the perspective of the deckplates to the bridge.



The Enlisted Professional Development Reading List, posted on the Navy Knowledge Online website, offers books selected to help you build a solid foundation in leadership, management and situational awareness. You can access the professional reading list by logging onto NKO and clicking on any enlisted leadership link to find the reading list.

Through understanding the shared history of Sailors who served in the Continental Navy during the War of Independence to those on the front lines of the Global War on Terrorism, we profoundly understand the significance of what we do today. Our actions in meeting the mission today will have a profound effect for generations to come.

Speaking with Sailors is a monthly column initiated by the Master Chief Petty Officer of the Navy as a way of reaching out to the men and women of the fleet, whether they are stationed just down the road or halfway around the world.



This is why, today, every Sailor at Recruit Training Command, Great Lakes, Ill., receives a copy of *A Sailor's History*, by Thomas J. Cutler, and I urge everyone to read it.

As we sail into the uncharted waters of the future, confronting the unpredictable, anticipating the impossible and planning for the unimaginable, we are guided by the experience of all those who came before us.

Honoring our shared history ensures that the pride we have in our Navy isn't shallow or focused on individual efforts, but is anchored in the traditional and institutional strengths of our service.

After reading a book from the list, such as, *A Sailor's History*, pass it on to one of your shipmates and share your thoughts on the "Submit Fleet Reviews" channel on the NKO website. Your educational efforts will go a long way to develop a technical or analytical knowledge base, critical thinking skills, an innovative mindset and competencies to lead the Navy in the future.

Whether you are currently in a leadership position, or aspiring to be one of our Navy's future leaders, professional reading is an investment that helps us understand principles for success. ■

ALL HANDS

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www.navy.mil

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**The Honorable
Gordon R. England**

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Not everyone has a place to go...



Be a shipmate –
bring a friend home for the Holidays

Meeting the Challenge of a New Era: CNO Releases 2006 Guidance

Mullen's guidance outlines his top three priorities, his specific objectives to address those priorities and what he expects from each Sailor to achieve his vision.

He noted that we all live in a new era, which is "plagued by uncertainty and change and unrestricted warfare, an era of shifting global threats and challenging new opportunities," he said.

Underpinning his guidance – which is rooted in the framework of Sea Power 21 – are his top three priorities; sustained combat readiness, building a fleet for the future and developing 21st Century leaders.

Mullen said that of all the challenges the Navy faces, building the future fleet is the biggest. Specifically, he pointed out that the 2006 budget currently in Congress calls for only four ships, and he is not "anxious to stay there."

He addressed this and his other two priorities by outlining seven specific objectives ranging from continuing support in the war on terrorism to determining the proper size of the future fleet to continuing executing Sea Warrior and other ongoing manpower and personnel transformational efforts that will help the Navy achieve his "top three."

The guidance includes 10 "Guiding Principles" – warfighting, people, teamwork, jointness, leadership, accountability and integrity, alignment, risk management, commitment to change and effects-based thinking – that he says must "guide and inform our actions every day."

"Our success in defense of

this nation depends upon the men and women of the U.S. Navy – active, Reserve and civilian and their families," Mullen wrote. "Personal and family readiness are vital to combat readiness." He also pointed out that he doesn't talk about people without talking about diversity, another main focus for Mullen since he assumed duties as CNO in June.

"I believe we have to have people from and for every part of our Navy, and we've done well, but we can do better in my view."

Mullen also stressed the importance of naval teamwork and joint operations. He called the Navy/Marine Corps team a "national treasure," but added that while naval forces bring to the fight unique maritime and expeditionary prowess, they are "only as good as the contribution we make to the overall effort."

Of all of Mullen's guiding principles, leadership at every level remained a central theme. "Everything starts and ends with leadership," CNO wrote. "Nothing else we accomplish, no other priority we pursue, is of much consequence if we do not have sound and effective leadership in place to enact it."

And that leadership is essential to his principles of alignment and change. He wrote that the alignment of any organization is simply the degree to which its resources, processes and communications support its vision and mission. "Every Sailor in the Navy should share an understanding of our vision and mis-



Chief of Naval Operations (CNO) ADM Mike Mullen conducts a roundtable discussion with members of the press to introduce his "CNO Guidance for 2006." The annual guidance provides vision and direction for the Navy in the coming year and beyond.

Photo by PHC Johnny Bivera

sion," he wrote, "and be able to describe how he or she contributes to them."

As he frequently tells Sailors in the fleet, Mullen wrote that the only constant in the Navy's future is change. Success in today's uncertain security environment demands that "we continue to transform the way we think, operate and fight," he explained.

In summing up his 2006 Guidance, Mullen said the Navy is in great shape, readiness is high and maintenance is getting done faster and more efficiently than ever before. "But," he added, "we cannot meet the challenges of this new era simply by sustaining today's readiness and requirements. Our adversaries will not rest; our friends and allies cannot wait."

He said that building upon Sea Power 21, the Navy must

continue to transform, recapitalize and modernize. "The Navy will begin to build today a force that is properly sized, balanced and priced for tomorrow."

Mullen wrote that it is impossible to foresee, or to fully comprehend, all the challenges the Navy will face. "But by building a balanced force that is resilient and adaptable, with the depth of capabilities required to meet the demands of a multi-mission, multi-task environment, we can mitigate against this uncertainty.

"I am proud to face these challenges with you, and look forward to our shared success."

CNO's Guidance for 2006 is available at www.navy.mil/features/2006CNOG.pdf ■

Story courtesy of the public affairs office, Chief of Naval Operations.

E-8 Associate Degree Initiative to Begin with FY11 Selection Board

The Navy recently announced an educational initiative designed to encourage senior enlisted personnel to seek degrees to complement their Navy training and experience.

Beginning in FY11, an associate's degree or equivalent that is rating-relevant will be a prerequisite for advancement to senior chief petty officer for active-duty and Reserve personnel.

This initiative is part of the Navy's evolving Human Capital Strategy and is an integral component of the Professional Military Education (PME) Continuum, which supports post-secondary education as a means of preparing Sailors for the highly technical 21st century Navy.

"As the Navy continues to develop high-tech capabilities and reduce the size of its work force, Sailors will be called upon to perform in new and challenging ways," said MCPON (SS/AW)

Terry D. Scott. "Adapting to these challenges will require Sailors to have a strong educational foundation, both professionally and personally."

"When Sailors begin working toward their degrees, they will discover the value of their Navy training and experience," said VADM Gerry Hoewing, Chief of Naval Personnel. "Most will find they are more than halfway to the degree based on their accomplishments already," he added.

Navy officials have established several exemptions that satisfy the new policy for Sailors who have completed, or are enrolled in degree programs prior to Oct. 1, 2006.

Exempt Sailors include those who currently have an associate's degree or higher, those who are enrolled in any associate degree program and complete all requirements before Jan. 1, 2008, and those who are enrolled in any baccalaureate degree program and complete at least 50 percent of degree requirements before Jan. 1, 2008.

"Selected Reserve Sailors have an additional option to satisfy the degree requirement," said NETC FORCM Mike McCalip.

Photo by PH3 Laura A. Moore



Aviation Ordnanceman 1st Class Carlos Young, assigned to USS Enterprise (CVN 68), was recently named the 2005 Samuel T. Northern Military Citizen of the Year for his dedication to duty and service throughout his community. The award is presented annually to recognize the men and women of the Armed Forces for their commitment to their country and community.

"With the exception of Full-Time Support (FTS) Reservists, Reserve Sailors may satisfy the requirement by obtaining either a rating-relevant degree or a degree relevant to their civilian occupation."

A visit to the nearest Navy College Office will help Sailors get started on their degree program, according to McCalip.

To further assist Sailors in pursuing a degree, the Navy developed an education degree roadmap for all Sailors and made it available through Navy Knowledge Online (NKO). Sailors using the roadmap must first verify their existing academic transcripts contained in their Electronic Training Jackets (ETJ) on NKO. This information is compiled from the individual's

Sailor/Marine American Council on Education Registry Transcript (SMART). Once this information has been verified, Sailors should consult with their local Navy College Office to develop their own education plan.

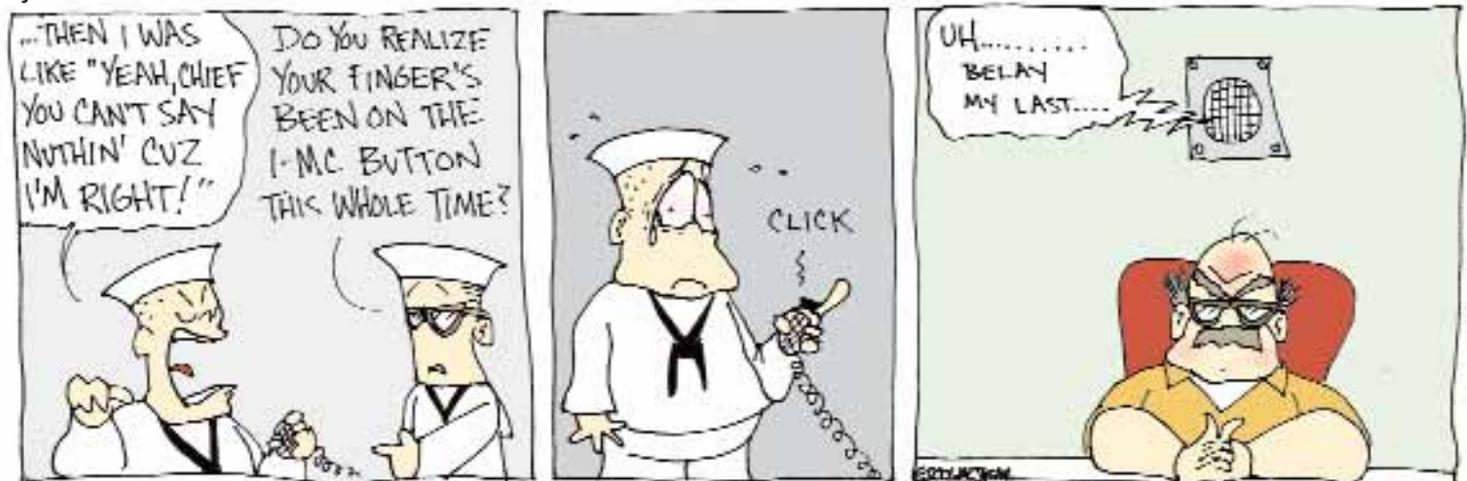
Sailors can also use College Level Examination Program (CLEP) and Defense Activity for Non-Traditional Education Support (DANTES) Subject Standardized Tests (DSST) to save Tuition Assistance funding for course requirements that are not available through testing programs.

Since the new requirement does not go into effect until the selection boards for FY11 convene, Sailors have adequate time to prepare themselves, according to

continued on page 9

Ricky's Tour

By J01 Mike Jones



Around the Fleet



◀ **SN Chad Herod, assigned to USS *Paul Hamilton*** (DDG 60), holds his son after returning to Pearl Harbor from a four and a half month deployment.

Photo by JO3 Ryan C. McGinley

▼ **BU1 Clifton Grays, assigned to Naval Mobile Construction Battalion (NMCB) 7,** hands out relief supplies to the residents of Harrison County in Pass Christian, Miss., in support of Hurricane Katrina relief efforts.

Photo by PH2 Michael Sandberg



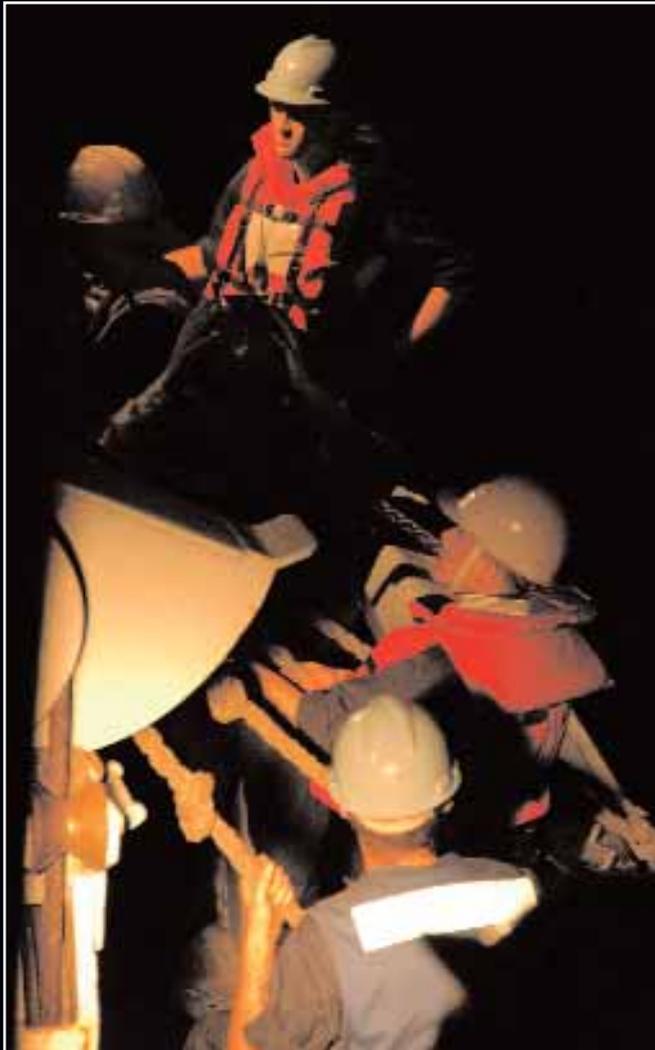
◀ **Marines from Expeditionary Strike**

Group 1, 13th Marine Expeditionary Unit disembark Landing Craft Utility 1646 from USS *Tarawa* (LHA 1) during the amphibious assault landing demonstration *Bright Star*, a multinational exercise held every two years in Egypt.

Photo by PHAN Shannon Garcia

▼ Personnel aboard USS Nassau (LHA 4) prepare to launch a boat.

Photo by PHAN Amanda Clayton



To be considered for the "Around the Fleet" section, forward your high resolution (5" x 7" at 300 dpi) images with full credit and cutline information, including full name, rank and duty station to: navyvisualnews@navy.mil

Directions on how to properly submit photos can be found at www.navy.mil/photo_submit.html

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Click on the Navy's home page, www.navy.mil, for fresh images of your shipmates in action.

continued from page 7

McCalip. "Sailors actually have until November 2009 when the eligibility of time-in-rate candidates will be validated for FY11 selection boards," explained McCalip.

For more information on degree requirements and rating-relevant degrees for the Professional Military Education Continuum are available in NAVADMIN 203/05.

For more information on the Navy College Program, visit <https://www.navycollege.navy.mil/>. To view your Electronic Training Jacket, visit Navy Knowledge Online at <https://www.nko.navy.mil/>. ■

Story courtesy of the public affairs office, Naval Education and Training Command, Pensacola, Fla.

Final GMT Requirements Released by CPD

This fall, commands throughout the Navy have been receiving a package that contains facilitator guides, PowerPoint presentations and videos for the first six of 12 General Military Training (GMT) topics for 2006.

More depth and more detail characterize this year's GMT. To make the topics more relevant, the Center for Personal Development (CPD) reworked the courses to challenge Sailors' knowledge and assumptions.

"Mission accomplishment involves not only making the right professional decisions, it also involves making the right personal choices," said CAPT Will Dewes, commanding officer of the Center for Personal Development. "This year we reworked the GMT courses to make sure Sailors get the information they need to make the right decisions for themselves

and to help their shipmates."

The year's GMT courses address operational risk management, sexual health education, drug and alcohol abuse, sexual assault, personal financial management, suicide awareness and prevention, fraternization, operational security, physical readiness, equal opportunity, sexual harassment, hazing, homosexuality policy and grievance procedures, code of conduct and pride and professionalism.

As in the past, if a Sailor scores 80 percent or higher on a particular GMT topic pre-test, the individual can print out a completion certificate.

Commands can then choose to exempt the Sailor from attending the formal training for that particular GMT topic.

The first six exams as well as the facilitator guides and PowerPoint presentations are also available on CPD's GMT page on Navy Knowledge Online (NKO) at www.nko.navy.mil.

For questions concerning GMT, please use the following email address:

gmt.distribution@navy.mil. ■

Story courtesy of the public affairs office, Naval Personnel Development Command, Millington, Tenn.

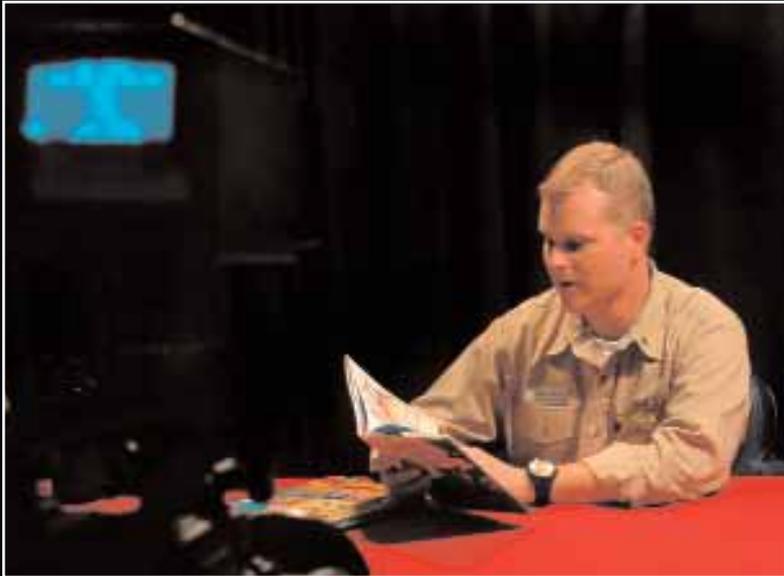
Center for Navy Leadership Provides Ongoing Training

In response to the Revolution in Training, where Navy leadership roles are no longer necessarily tied to pay grades, the Center for Naval Leadership (CNL) has initiated the Leadership Development Program (LDP) to align leadership training to the jobs Sailors perform, regardless of rank.

The program allows all

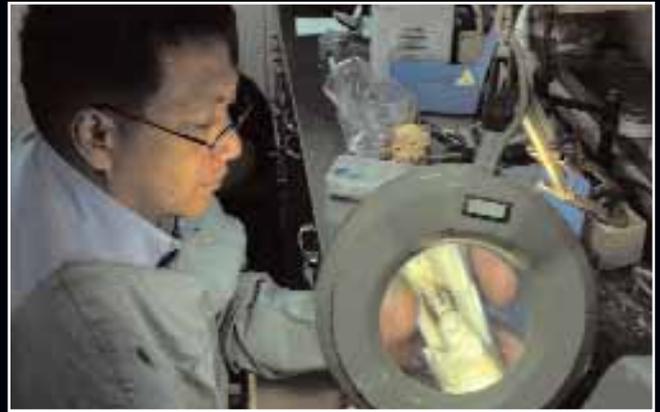
continued on page 11

Around the Fleet



▲ **ENS John Connally, the communications officer aboard USS Tarawa (LHA 1),** records himself reading for his daughter and wife back home in San Diego, through the United Through Reading program.

Photo by PH3 Tony Spiker



▲ **DT1 Valentin Saqueton crafts a dental cap to fit a plaster mold of one of his patient's teeth** aboard USS *Kitty Hawk* (CV 63).

Photo by PHAN Matthew Reinhardt

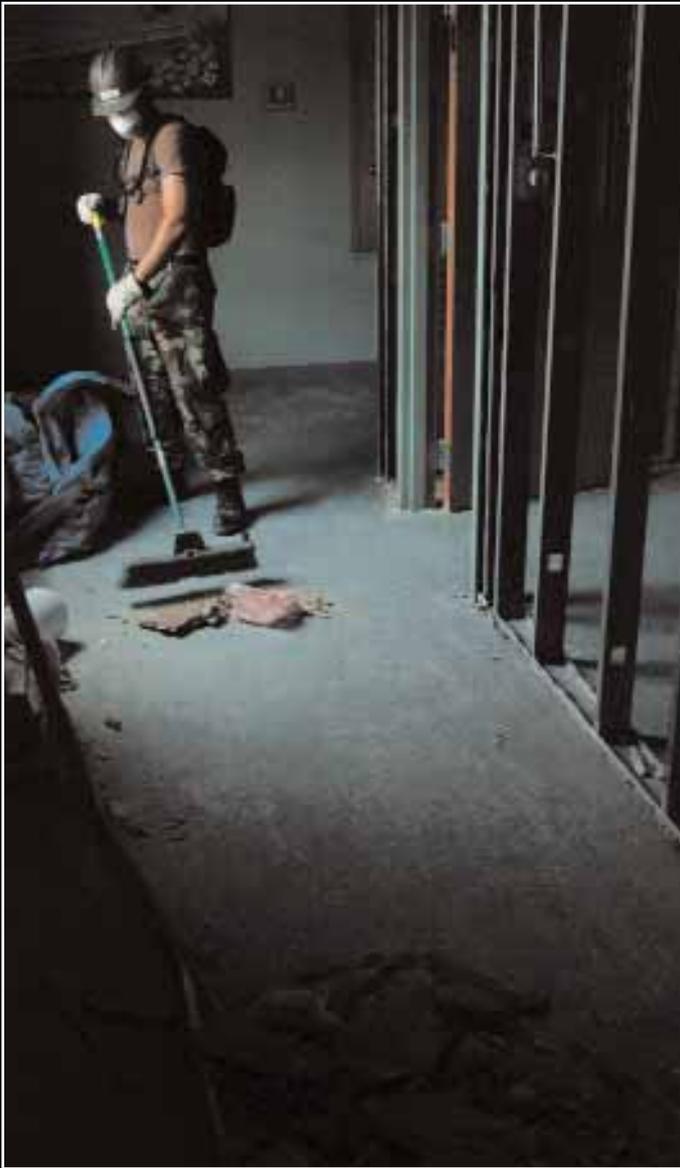
▶ **BU3 Joseph Godfrey, assigned to Naval Mobile Construction Battalion (NMCB) 40** sweeps-up debris in Saint Rosalie School New Orleans, during the clean-up efforts after Hurricane Katrina.

Photo by PH3 John P. Curtis

▼ **Chief of Naval Operations ADM Mike Mullen spends time** with junior Sailors during breakfast in the galley at Naval Submarine Base New London, Groton, Conn.

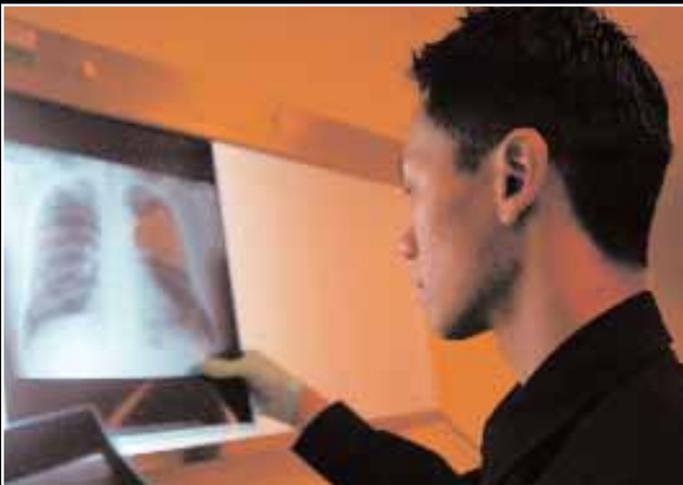
Photo by PHC Johnny Bivera





▼ **HM2 Michael Kiamzon examines a chest X-ray in the Naval Health Clinic's Radiology Department aboard Naval Station Everett, Wash.**

Photo by PH3 Jacob J. Kirk



continued from page 9

Sailors officially assigned to an organizational leadership position to participate in the development of professional leadership.

There are three nine-day courses offered through CNL to staff at Training Support Center (TSC) Learning Sites Great Lakes, including the First Line Leadership Development Program, Primary Leadership Development Program and Advanced Leadership Development Program.

The programs are based upon leadership positions of authority, rather than pay grade. Last year, 849 Sailors E-4 to E-7 participated in the programs at Great Lakes.

"Previously, formal leadership training (then the Leadership Training Course for second-class petty officers) was not available to these first line leaders," said CAPT Douglas McDonald, CNL's commanding officer in Norfolk.

"We have implemented enlisted leadership development programs that tie the right training to the right Sailor at the right time, no matter what their rank is. Not having leadership training tied to rank allows all Sailors to capitalize on the opportunities along the Leadership Continuum at the most appropriate times throughout their careers."

The First Line Leadership Program, which is a general introduction and prerequisite for the Primary Leadership Program, trains Sailors for their first leadership position in the chain of command dealing with the fundamentals of growth, development and daily direction of subordinates.

The Primary Leadership Development Program adds to the basic fundamentals and trains Sailors for leadership roles responsible for planning and executing divisional functions, including the professional and personal growth of those personnel assigned within that division. The advanced course takes that

one step further and trains Sailors in planning and executing departmental functions.

"It's presented in a manner related to the students because they bring their experience into the classroom," said CNL Site Leader EMCM(SW) Keith Richardson. "That experience is a vital part of teaching Sailors how to become the Navy's leaders of the future."

For more information on the Center for Navy Leadership, visit the CNL Web page on Navy Knowledge Online (NKO) at www.nko.navy.mil. ■

Story by Eva Kowalski, who is assigned to the public affairs office, Training Support Center Great Lakes, Ill.

New DFAS Policy Decreases Threat of Identity Theft

The Under Secretary of Defense Comptroller and the Under Secretary of Defense Personnel and Readiness (P&R) have co-signed a new policy that directs all military departments and all defense civilian employees to support the policy to eliminate paper copies of LES and W-2 tax statements.

Under the new policy, military members and civilian non-bargaining employees who log on to the myPay Web site after Sept. 1 are consenting to receive electronic copies of their documents.

Although the policy applies to DOD military members and DOD civilians, the benefits of using myPay to eliminate identity theft associated with postal delivery of these statements also applies to retirees and annuitants for their 1099 tax statements.

Receipt of electronic documents through myPay eliminates risk associated with hand-delivered

continued on page 13

Around the Fleet



▲ The crew of the dock landing ship *USS Pearl Harbor (LSD 52)* loads heavy equipment that will be delivered to Karachi, Pakistan, and then transported to Islamabad, Pakistan, and surrounding devastated areas in support of earthquake relief efforts.

Photo by PH1 Felix Garza Jr.



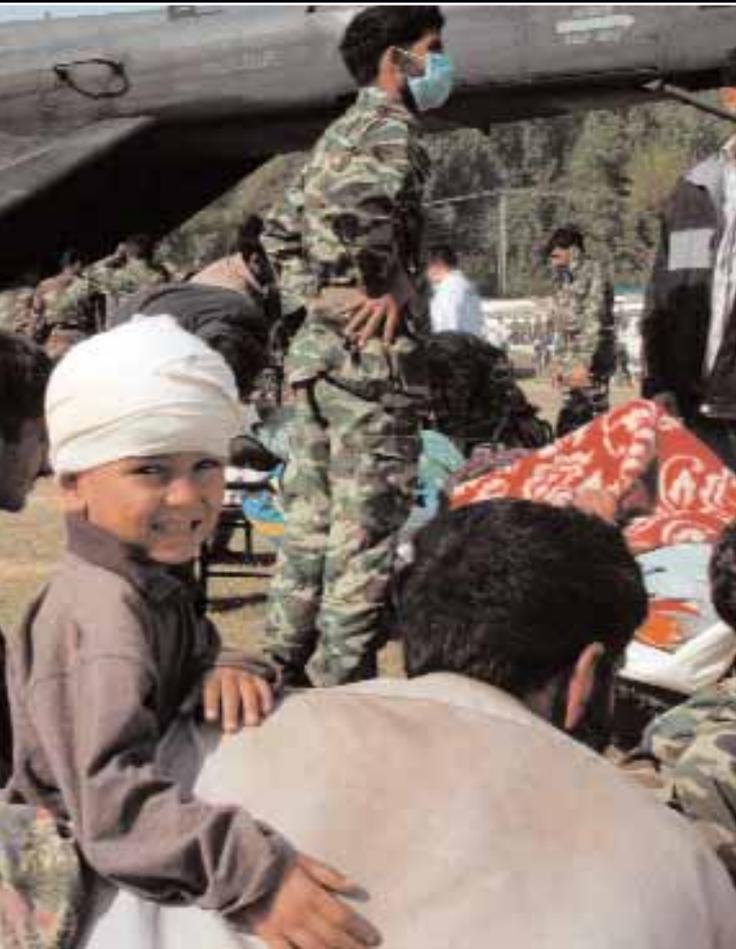
▲ An injured Pakistani boy is carried by his father to an MH-53E *Sea Stallion*, assigned to Helicopter Mine Countermeasure Squadron (HM) 15, where he will be transported to Chaklala, Pakistan, for medical treatment.

Photo by PH2 Timothy Smith

▼ Basic Underwater Demolition/Sea, Air and Land (SEAL) students take part in "Log PT." Teammates work through their second hour of log physical training at the Naval Special Warfare Center, Coronado, Calif.

Photo by JOC Robert Benson





continued from page 11

mail. By using myPay to view and print LES and W2 statements, the names, addresses, and social security numbers (SSN) of military members, civilian employees, retirees and annuitants are protected. This is particularly important for W2s and 1099s, where the SSN cannot be masked due to IRS regulations.

In addition to obtaining electronic copies of LES and tax statements, customers can make adjustments to federal and state tax withholdings and update bank account and electronic transfers by accessing myPay.

Military members, civilian employees, retirees, and annuitants can obtain access to myPay by requesting a PIN online at <https://mypay.dfas.mil> or by calling 1-800-390-2348. ■

Story courtesy of the public affairs office, Defense Finance and Accounting Service.

I personally think there are many hybrid Sailors already deployed around the fleet. We're just taking it to the next level by ensuring that our crew receives as much training as possible."

"Right now I'm learning about the new class of ship and reading up on how the engines are going to operate," said Engineman 1st Class (SW) Randy Gallegos. "From what I've seen of the design it looks pretty interesting. I would like to see the finished product and find out how everything I've been reading about is actually going to work."

"Going to hull technician school was quite a new experience," said EN2 (SW) Christopher Richards. "Learning a new rate, something I had no prior knowledge of, was fun."

"I'm looking forward to going to our new ship. It's a new class so even the jobs I will be doing as an engineman will be different," added Richards. "It's almost like going to a ship for the first time, learning the new systems and doing jobs I've never done before. I think it's going to be a challenge, but I'm excited."

Working with new systems will not be the only challenge the crew has to face. Despite its size of 378 feet, the ship's projected crew complement will only be 75.

"Working with a small crew can be considered a challenge, but it's not insurmountable," said Nissen. "I've been on many small decks in my career. The smaller the crew, the more tight knit they are. I think we're a pretty tight-knit group already, and I think this is going to be the best ship I've ever been on."

Freedom is scheduled for delivery to the Navy in 2006. ■

Story by JO2(SW/AW) Elizabeth Enockson, Naval Media Center Fleet Support Detachment Norfolk.

December 1918



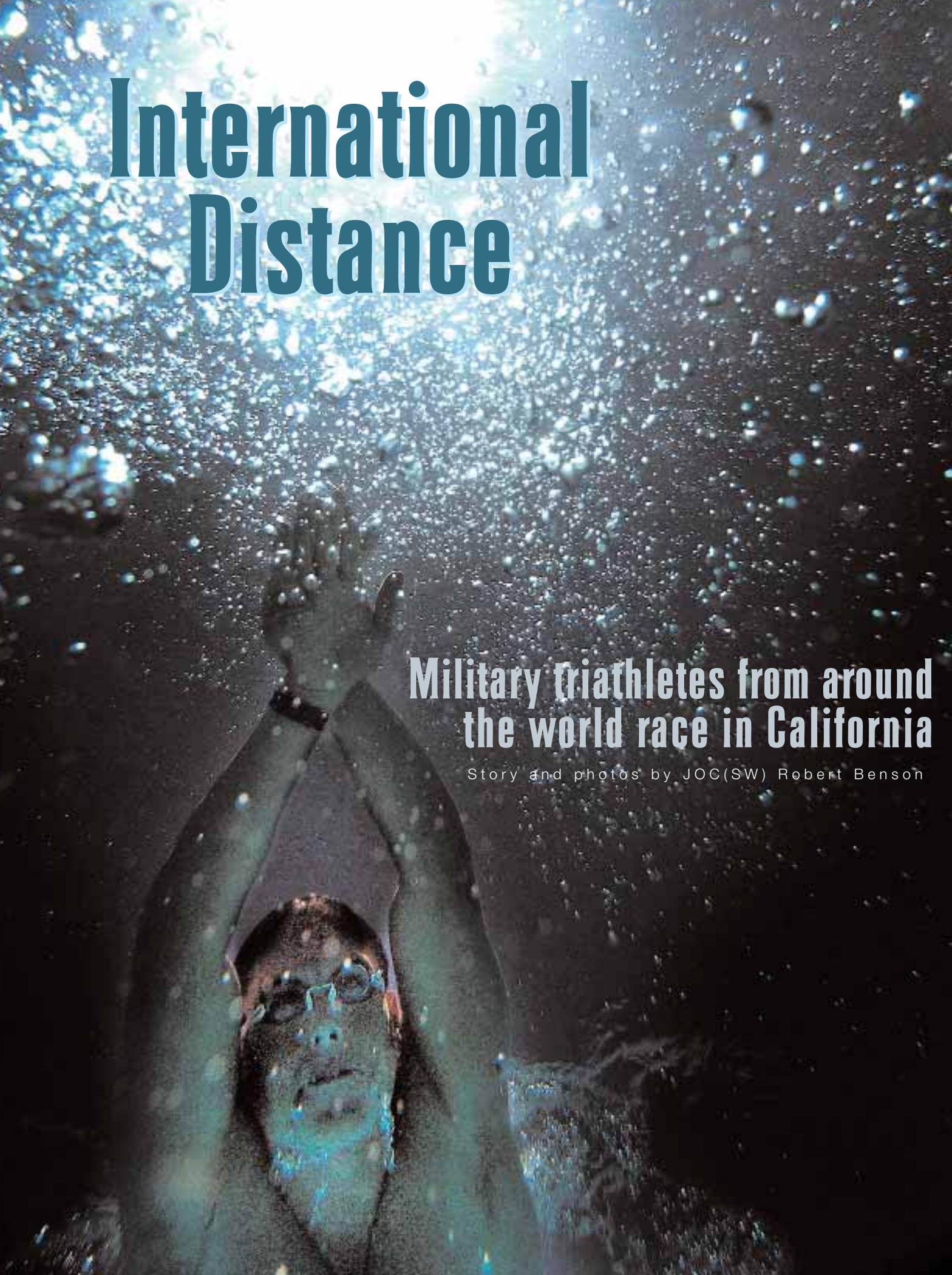
Female Yeomen in full dress uniform are inspected by RADM Victor Blue on the grounds of the Washington Monument, Washington, D.C.

PCU *Freedom*, Hybrid Sailors Experience New Way of Training

Sailors assigned to the pre-commissioning unit (PCU) of Navy's first littoral combat ship, *Freedom* (LCS 1), are experiencing a new kind of cross-training making them the Navy's first hybrid Sailors.

The crew, which began arriving in January, immediately started attending schools for job fields outside their designated rates.

"A hybrid is a Sailor trained in a combination of several different rates," said Command Master Chief (SW) Joel Nissen. "For example a fire controlman who also has the training of an electronics technician can function in either job as needed.

A swimmer is shown from a low angle underwater, with their arms raised in a celebratory gesture. The water is dark, and numerous bubbles are visible around the swimmer, creating a dynamic and energetic atmosphere. The swimmer is wearing goggles and a watch on their left wrist.

International Distance

**Military triathletes from around
the world race in California**

Story and photos by JOC(SW) Robert Benson



▲ **Overall women's winner** Nadia Cortassa of Italy nears the finish of the 10K foot race, finishing the run portion in 34:31. Her overall race time was 1:52:47.

The normally quiet internet café on California's Point Mugu Naval Base, frequented by a scattering of single Sailors on a busy day, was a madhouse on this weekend; standing room only. Sleepy Point Mugu became a Mecca for international, world-class athletes for a week, and the world didn't even realize it.

Goldovskiy was there. So were Bottoni and Barquin. Other names, even more obscure and harder to pronounce than the countries they came from were mingling on this pre-race night: Van Scheijen, Ain-alar Juhanson, Csaba Kis, Galina Shlyakhtenko — names unknown to most of us, but well-known within the Military Triathlon circles or with those who followed the Athens Olympics, where many of them competed.

The international flair was attributed to the international race in town that weekend: the 12th Annual World Military

Triathlon Championship. The group behind this event, the *Conseil Internationale Sports du Militaire* (CISM) or International Military Sports Council, is the governing body for military sporting. Founded in 1948, it is composed of 128 countries that participate in a variety of sporting events from equestrian to skiing and basketball to rifle shooting. The theme of the organization is "Friendship Through Sports."

For this competition, triathletes from more than 15 countries participated, including Belgium, Brazil, Canada, Estonia, Finland, France, Germany, Hungary, Italy, Luxembourg, Netherlands, Russia, Slovenia, Sweden, and the United States.

Complete with opening ceremonies and an Olympic-like feel, the annual race moves to a different location around the globe each year, and this time hundreds of triathletes, coaches, linguists and other support

personnel converged on the small Ventura County base north of Los Angeles for the triathlon this summer. The race distance, known as an "international distance" or Olympic distance featured a 1,500-meter swim in the bone-chilling, 50-degree Pacific Ocean, a 40K bike ride and a 10K run.

A week earlier, the United States Armed Forces Triathlon was held on the same base. There, the top six men and women finishers moved on to compete in the World Triathlon Championship. Navy qualifiers were LTJG Timothy O'Donnell, who won the race outright; LT Austin Jackson; Aviation Boatswain's Mate 1st Class (SEAL) Mitch Hall; ENS Brandon Secret; LCDR Kathy Kerrigan; and Gas Turbine System Technician (Mechanical) 1st Class (SW) Tina Eakin.

Then, on a bright summer morning at 10 a.m., the starting horn went off marking the

◀ **With the California sun blazing overhead, LT Austin Jackson** swims laps in the pool prior to the race.



▲ The “got up really early” morning face of ENS Brandon Seacrest is wiped away before the start of the race.

▶ Sylvain Dodet of France (center) eyes his competitors at the end of the 1.5K swim. He finished that portion of the race in 19:13.

▲ **Stephane Poulat of France** chases Marko Albert of Estonia. Poulat went on to win the Olympic-level distance race in 1:41:48.

beginning of the most important triathlon in the military.

An hour and 41 minutes later, Stephane Poulat of France crossed the finish line winning the gold. The silver and bronze medals went to Marko Albert of Estonia (1:42:19) and Sylvain Dodet of France (1:43:39). On the woman’s side, honors went to Nadia Cortassa of Italy (1:52:47), Ricarda Lisk of Germany (1:56:48) and Camille Cierpik of France (1:57:06).

O’Donnell, stationed at Explosive Ordnance Disposal (EOD) Group 1, San Diego, finished 12th overall with a time of 1:46:10 — the highest placement for an American male at any World Military Triathlon.

“This was a big improvement on my race from last year,” said O’Donnell, who last year placed 23rd with a time of 2:08. “I was happy and had a solid performance. I was a little disappointed that I couldn’t stick with Marco [Albert] the second place finisher on the swim. My race plan was to stick with them. I knew they would be out front and I

would make the podium if I could do that.”

To put a 1:46 race time into perspective, consider this: O’Donnell’s 10K run time was 32:58—a 5:19 per mile pace. That’s like running four eight-minute PRTs back to back, after biking 25 miles and swimming one mile. O’Donnell, like the other Navy triathletes, achieved this staggering time by putting in staggering training. He has a fitness routine that has been shaped not over weeks or months, but years.

Each week he swims 24 miles, bikes 200 miles and runs 50 miles. But that’s not enough; he also spends three hours in the gym on strength and core training. He’s raced in the Netherlands, France, Australia, New Zealand, Mexico and Canada.

O’Donnell is currently TAD from his San Diego command training at the Olympic Training Center in Colorado Springs, Colo.

Eakin, who finished the race 94th overall in 2:22:13, also logs mind-numbing mileage and has done more triathlons than she can remember. “I’ve done way too many to count,” said the San Diego-based Sailor.

“I have completed four Ironmans, two Half Ironmans and lots of Olympic and sprint distance races.”

She cites her greatest accomplishment as winning her age group in the Ironman Australia. “I passed 1,000 people on the bike and run after overcoming a slow swim and finished with a time of 10 hours, 12 minutes.” She also finished second in her age group at the 2002 Honolulu Marathon with a time of 2:57.

Jackson, a Navy SEAL wins triathlons outright across the country. Earlier this summer, he did wonders on his \$4,800 bike, like a four hour, 16-minute Half Ironman in 95 degree heat. But when the world’s best come together, the playing field changes slightly. This time he was 58th overall with a race time of 2:00:08. Still, he was honored to have raced. “I felt privileged to have the opportunity to race at such a high level, even though I knew I wasn’t in contention,” he said.

“This was an opportunity to meet people, make friends, and contribute in our



own way to international peace,” said Col. Lesego Motlhatlhedhi, a representative from Botswana and member of the CISM board of directors. “It’s the possibility of military personnel to meet not in a war scenario, but to meet playing games together.”

Next year’s World Military Triathlon Championship is scheduled for July 31 in Sweden. ■

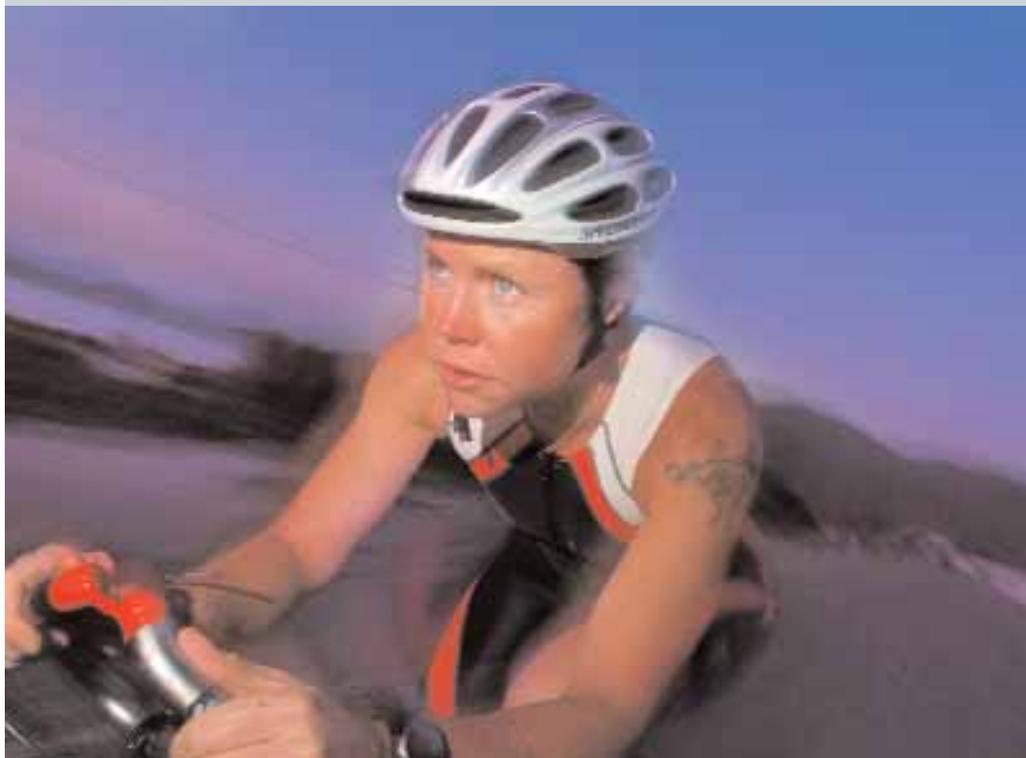
Benson is a photojournalist and public affairs officer, Naval Special Warfare Group 3, Coronado, Calif.

Editor’s Note: Out of 103 competitors Hall placed 35th overall at 1:51:28, Secret was 46th overall with a race time of 1:55:54 and Kerrigan placed 98th overall at 2:26:03. For complete race results, visit: <http://www.tricalifornia.com/timing/resultso/nbvc/nbvcwaft.cfm>

Website Exclusive

Find more photos online at www.news.navy.mil/media/allhands/flash/ah200512/feature_1/

▼ **GSM₁ Tina Eakin** gets in one last ride on the eve of the race.





on the line

Story and photos by
JO1(SW) M.J. McCoy





For U.S. servicemen stationed in the demilitarized zone (DMZ), they are never out of reach of the phone.



YEOMAN 1st CLASS (SW)

Sean Jackson looks around from his desk, annoyed. Isn't anyone going to answer that phone? It's been ringing and ringing. Someone please answer the phone! Where's it coming from anyway? No one else seems to even notice it's ringing.

Slowly, he realizes that he's dreaming. The ringing phone isn't coming from an office desk — it's the duty phone beside his bed. The phone!

Rolling over quickly, with sleep still thick in his head, he gropes around the nightstand for the phone. He would have liked to ignore the persistent ringing, but that's not possible. Answering the phone 24/7 is his primary purpose in life these days.

"Hello?" he asks. It's just the standby watch checking in. "Oh, hey. What's up, man? How long was the phone ringing? No problem, I had just dozed. We'll talk about it in the morning. OK, later."

Hanging up the phone, he rubs his hands over his scalp. Since he is up, might as well go check things out.

Jackson walks the short corridor to the main office and the security monitors of the Joint Duty Office (JDO). Opening the blinds and looking out the window across the Joint Security Area (JSA) of the demilitarized zone (DMZ) between North and South Korea, a mere 20 yards at most to the actual military demarkation line (MDL), he can hardly make out anything in the thick fog that blankets the area. Only the rectangular shape of the neutral blue NATO buildings

straddling the line between North and South is faintly visible. Panmunjeom, the large building housing the North Korean army, is completely grayed out by the dense haze.

He checks the infrared monitors for anything unusual. It's eerily quiet as usual.

"At least they've stopped playing the propaganda music 24/7 like they were a few weeks ago," mutters Jackson. "That used to really creep me out at night. It was straight out of a Rambo movie, with the rice paddies all over and armed soldiers up in towers with barbed wire fence everywhere. You remember the prisoner of war scenes where they blasted the music from speakers over the camp? That's exactly what it felt like around here with that music going all day and all night."

The Korean War halted when an armistice (or cease fire) agreement between the United Nations (U.N.) and North Korean military commanders was signed on July 27, 1953. This was a temporary measure until a peace treaty could be signed. Yet more than 50 years later, no peace officially exists between the warring countries.

Most days, Jackson says, independent duty at the JSA is fairly low-key, with tour groups routinely scheduled. But the history of the JSA, and the fact that the war between North and South never officially ended, is ever-present in his mind.

"I pay more attention to the news these days," Jackson admitted. "Particularly stuff on foreign policy and politics. I don't think the tourists who come up here really understand

◀ **Signs that mark the Military Demarkation Line have fallen into disrepair** as no one is allowed to approach that close to the line.



▲ While visitors to the DMZ tour through the conference rooms, a South Korean soldier guards the exit/entrance door to the North Korean side of the building.



▲ **YN1(SW) Sean Jackson checks** the sound-powered phone that links directly to the North Korean buildings. When not in use, the phone is secured in a sound-proof box.



▲ **North Korean soldier stands guard** the Military Demarkation Line that separates North from South Korea.

where they are. They're thinking it's all happy times, pictures and history. But, actually this is a very dangerous place for them.

"At any given moment North Korea could decide 'Today's the day' and come across [the MDL] without warning. If that ever happens, it won't matter that someone was here just to snap a few photos."

In Jackson's position, clear communication is everything. As the bloody past of the JSA has clearly demonstrated, words can easily be misunderstood or taken out of context, with fatal results.

It was only Aug. 18, 1976, (back when soldiers of both armies were allowed to move back and forth across the MDL freely within the confines of the JSA), when U.S. Army officers Major Arthur Boniface and 1stLt. Mark Barrett were brutally mowed down while attempting to trim the branches of a tree close to the MDL that obstructed their watchstanders'.

There are only three ways Jackson or his counterparts communicate with the North Koreans: a sound-powered phone, a fax machine and a faded, old bullhorn. Because the sound-powered phone is a direct line into Panmunjom, it's stored in a soundproof box when not in use. Should the phone or fax not be answered in a timely manner, Jackson is

escorted to the MDL by an armed ROK soldier to use the bullhorn in an attempt to gain a North Korean soldier's attention.

Strangely enough, although the adversaries face one another daily at the MDL, at no time are they permitted to converse face to face. And once an official phone call has been placed, extremely strict measures ensure the message is clear and understood by all.

"When we call Panmunjom, I read the message word for word — from the period to the commas — in English to the North Korean interpreter," Jackson explained. "Then, our South Korean interpreter reads the same message over again in Korean. After that, a North Korean repeats the message in Korean back to our duty interpreter, and then their interpreter reads it back to me in English. So every single phone call is repeated four times."

Having someone available to pick up the phone 24/7 or repeating a simple message four times may seem like overkill to most, but when the person on the other end is consciously looking for opportunities to twist the intended meaning, it's entirely necessary.

For his part, Jackson feels privileged to be one of the few Sailors ever assigned to this position, and likens his job to that of a life saver.

"The closest comparison I can give my friends to this job is that of a fireman," said the 35-year old. "Because firemen are always on call and ready to respond to any emergency — and that's the same mindset you have to have in this job. Like a fireman, I always have to be on top of my game. The information I pass to the North Korean army must be exact. If I'm not in the right mindset, I could easily slip up. And just one or two words out of sequence could mean something entirely different."

With only two other enlisted watchstanders manning the JDO on a rotating schedule (one Army staff sergeant, one Air Force technical sergeant), the rotating 24-hour-days on duty can be long and tedious. However, the men take their duty seriously.

"When I'm on duty — and especially when I'm on the phone — it's all business."

That seriousness is clearly echoed in the Joint Duty Office's motto of "We're always on the line."

McCoy is a photojournalist assigned to the Naval Media Center, Washington, D.C.

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Find more photos online at www.news.navy.mil/media/allhands/flash/ah200512/feature_2/

Rediscovering

Life in Seoul, Korea, has much to offer,
particularly for Korean-American Sailors

a PEOPLE

▼ “Royal” guards are a big attraction at Deoksu Palace in downtown Seoul.



In April 2001, Electronics Technician 3rd Class Michael Oh returned to a home he had no recollection of. For him, assignment to Yongsan Army Garrison, Seoul, South Korea, provided the 23-year-old a chance to experience a part of his cultural past he had been separated from for close to 18 years.



Born in Anya, South Korea, just north of Seoul, Oh's family moved to the United States when Michael was almost 6 years old in 1981.

So when the opportunity to be stationed in the country of his birth after "C" school, Oh gladly accepted.

He currently works for the Operations Department in the Army garrison's N-36 shop. Oh primarily works as a system administrator networking computer systems. While Oh says he enjoys his work at Yongsan, his real reason for staying in the area for more than four years was to become acquainted with his heritage.

Just as any change requires adjustment, Oh initially found returning to his homeland somewhat discomfoting.

"When I first arrived, it was April and it was snowing! Being from California, that was strange to me," he said. "Also, I felt weird at first because when I came back nothing seemed familiar. But now it feels nice to be back and see where I came from."

After settling in for about six months, he knew where to go, what to do and who to see.

"All my family lives in the United States except one aunt who still lives here in Seoul. She only lives about five minutes away from the base, which is nice," Oh continued.

"But I really like to go out with my Korean friends — like my roommate, Petty Officer 3rd Class Moon Hyun-chui. He's a ROK [Republic of Korea] sailor, and we're pretty good friends."

Like most young Sailors, "what to do" for Oh typically revolves around the dance floor.

Karaoke clubs are extremely popular with the locals, but the subdued and soft-spoken Oh prefers shopping and dancing to boisterous vocal outbursts.

"I'm not that good of a singer. I only go when my friends *really* want to go."

Public transportation is in abundance, which is fortunate for Oh, who hasn't



▲ Advertisements and marquees fill every inch of space on downtown building fronts.

had any sort of vehicle since his arrival in the region.

"If we're going somewhere, we just walk, catch a subway or a taxi," Oh said.

Occasionally, Oh's co-worker, Information Systems Technician 2nd Class Terrance Ritter, joins Oh and Moon when they go out. Ritter may not have the deep cultural tie to Seoul that Oh does, but he finds living in another culture just as interesting and educational.

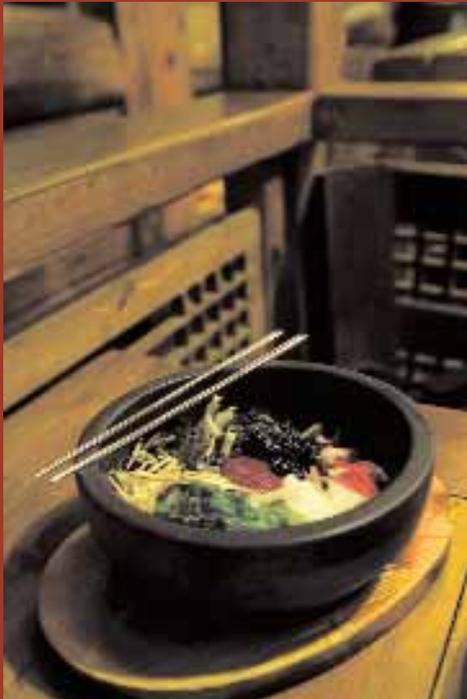
"It's a new experience for me — the people, the culture. It's nice," said Ritter. "We recently went to Lotte World Amusement Park; that was fun. And it had a museum of the Korean history in it, which was interesting.



▼ **Dolsot Babimbap** is a traditional favorite most Americans enjoy. All ingredients of the entree are cooked in a hot stone, *dolsot* or bowl, and mixed with chili paste prior to eating.

▲ Most South Koreans welcome the opportunity to meet new friends.

▼ For coffee lovers, a little taste of home can be found at the local Starbucks in Seoul.





▲ **ET3 Class Michael Oh** troubleshoots Ms. Yi Ok-yop's work computer.

◀ **Even at 1 a.m.**, South Korea's KTX super train is bustling everywhere you go in Korea.



Plus, shopping areas, like Dom de Mung and Nom De Mung, are really interesting.

"A lot of people don't realize there's more to Korea than Itaewon and Osan. I suppose it's hard to get out there if you don't speak the language and don't know how to get around, but it's worth it," continued Ritter. "There's still a lot I want to see.

"One of my favorite things about living in Korea is my apartment," Ritter revealed. "ALL the floors are heated! Since you have to take your shoes off at the front door, that's nice, especially when it's really cold out."

During his time in Seoul, Oh says he's enjoyed learning about Korea by hanging out with the friends he's made here far more than any history he may have missed by not visiting all the museums and temples in the surrounding region.

And while Oh may not have completely explored his heritage during his tour in South Korea, today he's looking to reconnect with another past. He's currently negotiating his next assignment — one Oh hopes will return him to California when his rotation date arrives next April. Oh says

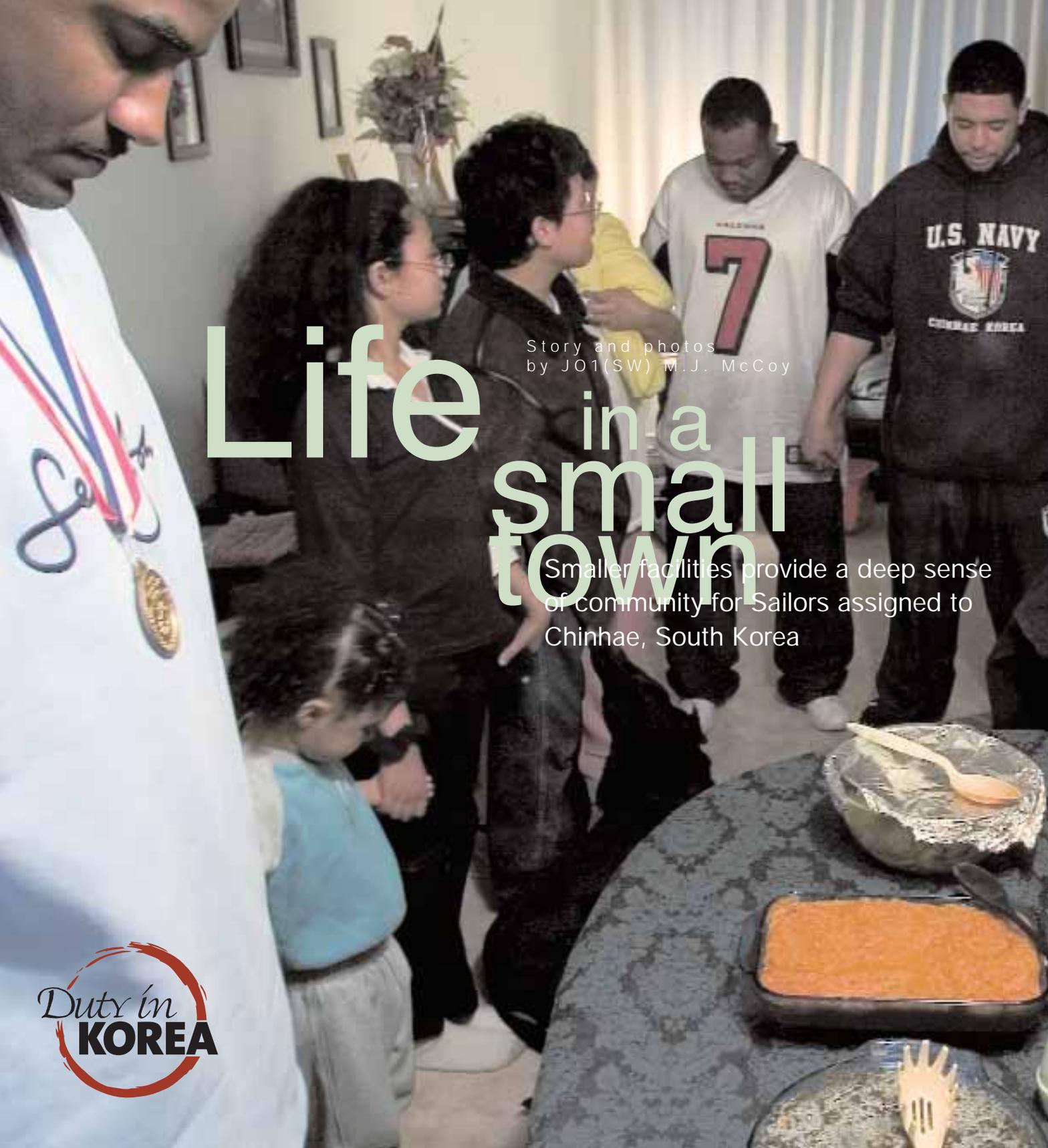
he looks forward to the day when he can once again enjoy the comforts of the only home he's known — like good old American hamburgers.

"Korea is a nice country to visit and I've enjoyed my time here, but I'm definitely ready to go home." ■

McCoy is a photojournalist assigned to the Naval Media Center, Washington, D.C.

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Find more photos online at www.news.navy.mil/media/allhands/flash/ah200512/feature_2/



Life in a small town

Story and photos
by JO1(SW) M.J. McCoy

Smaller facilities provide a deep sense of community for Sailors assigned to Chinhae, South Korea





▲ **Every Sunday evening some families at Chinhae** cook a big home-cooked meal for single Sailors to enjoy. The closeness and small-town feel of Chinhae are one of the base's biggest attractions.

The aroma of rolls, warm butter, seasonings and breaded catfish filled the Broadus' cozy home as wife and mother Amy tended to Sunday dinner's entrée sizzling succulently in a hot skillet. With each ding-dong of the doorbell her husband, Casper, greeted another friendly face who entered their home bringing handshakes, laughter and side dishes to spare.

The Broadus' eldest daughter, Jasmyne, and her best friend, Kaela, quickly abandoned their cartoons and scattered crayons to run and welcome the other children as they hung up their raincoats and umbrellas.

When conversations in the house had risen to a low roar and the mouthwatering smells rolling from the kitchen became almost too much to bear, Casper thanked the group for coming and asked everyone to join hands while he gave thanks for good food and good friends before dinner was served in a traditional, cozy American household—more than 6,000 miles from the continental United States.

For the past two years, Cryptologic Technician (Communications) 2nd Class Casper Broadus and Yeoman 2nd Class Amy Broadus (along with their daughters, Jasmyne, 4 and Gabriella, 2 months, and a Dachshund-Rotweiler mix named Tiger) have been stationed at Commander, Fleet Activities Chinhae (CFAC), South Korea.

At first, the couple experienced a bit of a jolt upon arrival to the small, quiet base (approximately 160 military members and 100 family members populate CFAC) after being previously assigned to the fast-paced D.C. area. But, the Broadus' family quickly came to appreciate CFAC because of its hometown feel and family-friendly atmosphere.

"CFAC base is good for families because it's safe," explained Casper. "You don't have to worry about your children here. There's always someone watching out for them. They have so many programs available for kids, and they're all free. Back in the states, Tai Kwon Do alone would easily have cost us several hundred dollars. Here, we just have to buy the uniform."

Amy agreed. "I grew up in New Jersey," she said. "So being in such a small place



▲ YN2 Amy Broadus walks her daughter, Jasmyne, to Tai Kwon Do class at the base gym.



▲ A South Korean naval vessel passes in the background of Admiral Yi's famous Turtle Ship. Spikes on the iron topside of the ship discouraged enemies from attempting to board, and during battle, smoke would pour from the dragon's mouth to provide cover.

was a culture shock for me at first. But, it's worked out so well for our family."

Of course, at times their close-knit Chinhae clan feels too much like the real thing.

"The good thing about living in such a small community, is that everybody knows everybody," Amy said. "The bad thing is that everybody knows everybody. Keeping a secret around here is almost impossible," she chuckled as the visiting mothers cooed over her new baby and nodded in agreement. "I went up to Seoul a couple of months ago to have Gabriella, and it was kind of nice just to walk around anonymously for awhile."

Yet even with the reduced privacy, Amy says she's close to her neighbors and appreciates all the things they do for one another.

"When we returned from Seoul with the baby, we found dinner waiting for us in the oven, and that was nice, too," she continued, retrieving Gabriella when she started fussing. "But that's just the way we are here. Like Sunday dinners — every week someone cooks a big meal, and everyone's invited. It's mostly for the single guys [and girls]. I think it's a little harder on the single Sailors, because they're alone and there's not as much to do here as there might be in Seoul."

The gesture of feast and fellowship did seem to ease the strain of separation for the single Sailors heading back to the homemade buffet for seconds.

"These Sunday dinners remind me of being back home," said Amy's co-worker Yeoman 3rd Class Terrance Brown as he dug into the macaroni and cheese one more time. "The way we hang out together. The way the food tastes is like my family's. It's just nice to feel that."

CFAC's Executive Officer LCDR Rusty Hagin believes it's this sense of community that can help everyone assigned to the region overcome the cultural differences.

"Chinhae is a unique assignment. There are a few limitations to living here, but the advantages far outweigh the minor inconveniences," said Hagin. "For example, shopping. Like the base, our commissary is small, but everything you need is there. You don't need 45 brands of ketchup. You can really get by with one."

“There aren’t any real hurdles here,” Hagan continued. “Yes, it’s different. But if you approach the assignment in Chinhae with a positive, optimistic outlook and get involved with the community, you’ll find it’s a good life here.”

Eyeing her daughter as she tried to slip the hovering Tiger a piece of fish, Amy wondered how 4-year old Jasmyne will handle the sudden and severe change of environment when she and Casper are reassigned to the Norfolk area.

“Jasmyne was almost two when we moved here, so this is the only home she’s ever known,” explained her mother. “Jazzy’ likes the attention she gets here. She knows all the kids on base, and only has five or six other children in her class. Everybody’s her friend, and everybody likes her.

“I think it will be an eye-opener when we move to Norfolk,” Amy said pensively. “There will be a lot more children, and she may not be the center of attention anymore. She’s even going to have to face the fact that not everyone is going to like her.”

Just about that time, the pig-tailed pixie came bounding over, climbed up on the sofa and talked about her life at Chinhae.

“I play games, and I go to Tai Kwon Do. I’m a white belt,” Jazzy explained seriously. “Guess what? I can sing,” the toddler announced just before bursting into song. “A-B-C-D-E-F-G ...”

She ended her song with a beaming smile and big, brown doe eyes. “Wasn’t that beautiful?” Jazzy asked, enunciating each syllable dramatically. Everyone listening agreed it was.

At the end of the evening, as the Broaduses’ extended family slowly departed, they thanked their hosts for having them in their home. The couple bade farewell to their friends, promising to see everyone soon — and on a naval facility as small as CFAC, it would be absolutely impossible not to. ■

McCoy is a photojournalist assigned to the Naval Media Center, Washington, D.C.

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▲ Getting warmed up for her *Tai Kwon Do* class, Jasmyne Broadus starts jumping jacks. At Chinhae, an extremely family-oriented base, all the children’s programs and classes are paid for by Morale, Welfare and Recreation.



▲ A local vendor carts his wares down the streets of Chinhae.



Story and photos by PH3 Todd Frantom

Navy Volunteers for Future Leaders

The Navy's presence at the Jamboree has a lasting effect on the Scouts as they get to rub elbows with their heros.



▲ **The National Scout Jamboree has been held at Fort. A.P. Hill, Va., since 1981.**

More than 40,000 Scouts from every state in the country and dozens of other countries created a temporary tent city in one day, and then enjoyed nine days of adventure, activities, shows, history, learning, advancement and just plain fun.

HONOR, COURAGE, COMMITMENT.

For Sailors, these traits are part of a familiar motto. Some of our future leaders will learn these same values through the Boy Scouts of America. These young adventurers were recently given a chance of a lifetime to meet their role models at the 2005 National Boy Scout Jamboree. Navy volunteers camped out with the Scouts sharing military experiences and timeless values.

“I’m not sure if any of the Boy Scouts I have met will ever become Sailors; but one thing is for sure, they are definitely our future,” said Chief Builder Thomas Hanna, First Assistant

Scout Master for Troop 133 in Achilles, Pa.

Boy Scouts have an opportunity to learn the building blocks for their life adventures at an early age. According to Hanna, “Values between the Scouts and the Navy are pretty much the same.

“The training for the boys starts out in the first grade, when they become Tiger Cubs. Then they work their way up, just like a Navy chain of command. There is a structure and advancement path.



▲ **CE2 Russell Franklin, a Seabee Reservist, demonstrates the awesome power of a bulldozer to Scouts.**

► **The spirit of brotherhood through Scouting closely resembles that found in the Navy.**

▼ **Scouts trade merit badges and myriad collectors patches as they share in the Scout experience and build relationships with other Scouts worldwide.**





This allows them to learn leadership skills, and that's the name of the game."

Hanna, assigned to Naval Mobile Construction Battalion 23 at Fort Belvoir, Va., understands the importance of teaching youth. Taking leave time from the Navy, he spent invaluable time with his two sons at the Jamboree.

"It makes me proud to do all I can to help pave the future for these young men," said Hanna.

More than 40,000 Boy Scouts from every state in America and dozens of other countries, made their way to the Army's base at Fort A.P. Hill in Caroline County, Va. Here the Scouts created temporary tent

cities in one day, and then enjoyed nine days of adventure, activities, shows, history, learning, advancement opportunities and just plain fun.

Navy volunteers offered the SEAL Challenge, where participants must do 42 pushups, 50 sit-ups and six pull-ups. All exercises are timed and must be done correctly. If successful, the Scout earns a shirt and patch.

"Everything is fun and the free stuff is pretty sweet," said Jon Steele, a 15-year-old from troop 319, from New York. He added, "The SEAL Challenge was hard, and real Navy SEALs must be really tough guys! I think it would be awesome to be a SEAL."

▲ Sailors share their experiences

while being good role models for the Scouts who attend the Jamboree.

For those Scouts wishing to relax from all the hiking and fighting the summer heat, the Navy offered a ride through the clouds with the Blue Angels (in a simulator).

"It was better than I thought it would be," exclaimed Steele. "You do stunts in the air and flips. It felt like I was in a washing machine. It was also nice to take a break from the heat."

The midsummer temperatures were a scorching 100 degrees during most of the



◀ Recruiters share their knowledge

of the Navy with Scouts at booths such as the SEAL challenge where Scouts have an opportunity to test their might.

At the Jamboree the kids got a taste of what Navy jobs are out there, if they ever choose to join the Navy.

“I want to be a Seabee,” exclaimed 17-year-old Jeff Parks, with Troop 199 from Ohio.

“How cool a job is that? To be able to go camping all around the world and build things! It would be like I am still a Scout but getting paid for it. Heck, I already wear a uniform.”

Boy Scouts have a strong tradition in brotherhood. While at the Jamboree, Scouts spent much of their time, meeting fellow Scouts from around the country and world. Here they learn how to effectively communicate and work with people they have never met. And one of the strongest traditions that helps build character among the Scouts is trading patches.

“I really like the Navy patch,” said Parks, as he reached into a sack full of colorful patches.

As if they were in an open-air market, Scouts lined the streets, bartering off the latest and greatest patches from around the globe. After every successful trade, Scouts shook hands and said farewell to a new friend.

“I have met some cool guys while trading my patches,” said Parks.

When the Boy Scouts aren’t crowding the streets trading their patches, they are taking advantage of all the activities awaiting them.

Located next to four large pools full of eager, first-time scuba divers, are Navy divers and EOD demonstration teams in an oversized glass tank.

“The divers are real cool, and I had fun trying to talk to them through the glass. It was like playing with a fish that could actually talk back,” smiled Parks as he held up a small scuba diver pin. “I got this great pin for making it through the challenge.”

▶ Temperatures reached the 100-

degree mark, but military and government agencies provided refreshing rain showers from fire trucks, for the Scouts.

Jamboree; but the Navy had volunteer corpsmen, explosive ordnance disposal (EOD) personnel and numerous other medically qualified personnel in place if emergencies arose.

“All the Navy guys were screaming ‘drink your water,’ non-stop,” Steele said. “They even gave me a free water bottle and told me I was supposed to drink five full bottles a day. Man, that’s a lot of water. I asked one Sailor why I had to drink so much water and she explained to me all about body mass and sweat, things like that. She said she was a corpsman. I had never heard of one before, but she knew a lot about water.”

The interaction between the Sailors and Scouts helps these young boys build a strong foundation for the rest of their lives.

“We are out here to teach these young boys how to be leaders of the future, whether it’s industry or the military,” said Hanna.







▲ **Fireworks added to the festivities** of the Jamboree.

Scouts received the pins when they successfully demonstrated proper hand-signal communication with the divers.

If the Scout was unable to successfully show proper hand signals, they did push-ups with one of the divers. After some “Hoo-Yahs,” the pin was theirs.

“I didn’t have to do push-ups, thank God!” exclaimed Parks as he wiped sweat

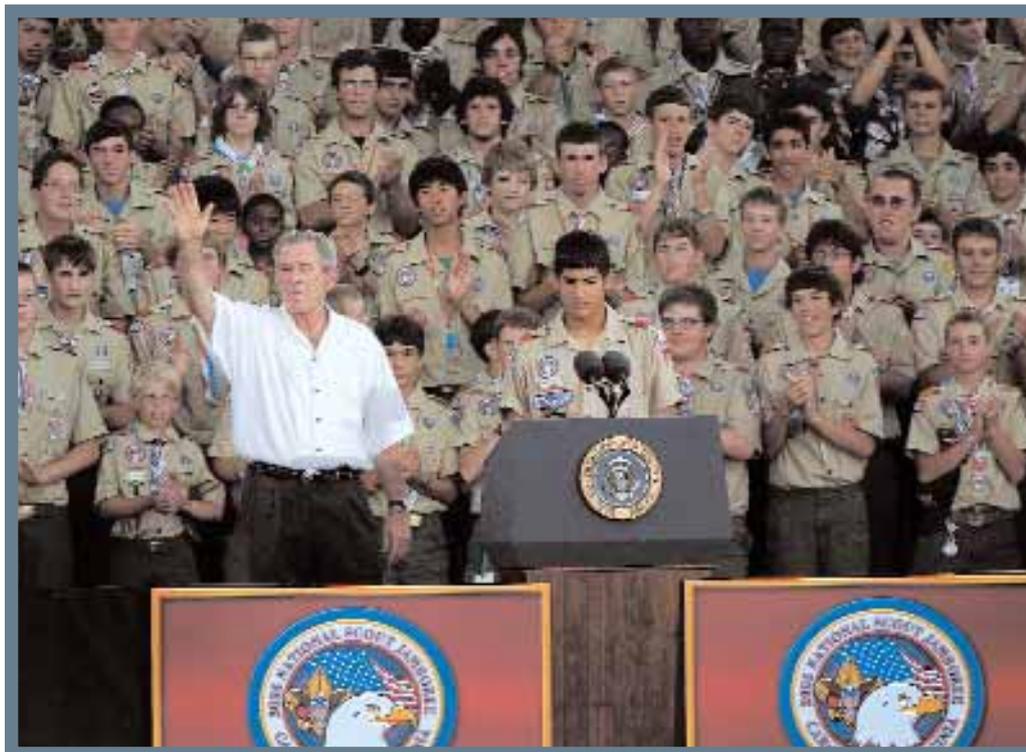
from his brow. “But I did enjoy watching the other Scouts do push-ups with the divers, though,” he added.

Scouts also had a chance to hang out with the divers and try on some of the diving equipment. One setup allowed the



boys to put on a large mask that made them look like Jacques Cousteau. The mask was electronically voice-activated and Scouts could communicate with the divers.

“I felt like Inspector Gadget wearing that huge mask, and my voice sounded really



weird,” Parks said. “I watched one Scout just hang his head in there and sing a song. Everyone laughed as they walked by.”

The Navy EOD and dive teams not only shared their time teaching the Scouts about their jobs in the Navy, but also helped out in the scuba/snorkeling activities.

They proficiently filled tanks with oxygen for more than 40,000 Scouts. The young boys also got hands-on experience in the many water occupations that the Navy offers.

“We really enjoyed working with the Scouts and see the importance of the youth,” said Senior Chief Ron Mitchell, an EOD recruiter. “I believe it’s important to share our knowledge with these young men so that they have some sort of [idea] of what’s out there for them,” Mitchell added.

“Boy Scouts operate in the same mode as the military. They work as a unit, and they are a team just like us. There is a

▲ President George W. Bush greets Scouts and guests at the 2005 National Scout Jamboree held at Fort A.P. Hill, Va. He brought good news to the crowd on the same day the U.S. Senate passed the Support Our Scouts Act, legislation that guaranteed that federal agencies, like the military, may continue to support the Boy Scouts and allow the use of federal property to host events such as the Jamboree.

strong union between the two organizations and these kids are our future Sailors and our future,” said Hanna. ■

Frantom is a photojournalist assigned to All Hands.

Website Exclusive

Find more photos online at www.news.navy.mil/media/allhands/flash/ah200512/feature_3/

Focus on Service

Controlling the Flow

Story and photos by PH3 Todd Frantom

Damage Controlman 1st Class Marcus Gates soaks a crowd of chiefs and officers with a large fire hose, “You guys think this is wet?” asked Gates.

This enlisted damage controlman is in a position to make sure these Sailors understand what to do in the case of casualties aboard a ship. As a leading training petty officer at the Command Center for Naval Engineering, Norfolk. Gates paves the way for safety among the fleet.

“I love my job and get huge gratification knowing that what I have taught students could possibly save a life in the event of an accident aboard a ship.”

Ship integrity is very important; understanding how to maintain the lifeblood of a floating home is at the heart of the training. The teaching is extensive with many days of classroom and hands-on lessons. Gates goes through all aspects of damage control such as shoring, patching and plugging of leaks.

“We try not to overlook anything,” said Gates.

“When Sailors go through their final evaluation aboard ‘Buttercup,’ a floating ship replica, everything should be second nature, including complete team work to successfully secure the flood of water that we pour on them.” **ES**

**Frantom is a photojournalist assigned to
All Hands**



Once a Scout, always a Scout

Story and photo by PH3 Todd Frantom

Growing up in the outdoors I spent countless mornings watching the sunrise from a dew-drenched tent. My father was dedicated to teaching my brothers and me to appreciate and enjoy the natural wonders of the wild as well as driving us to numerous Boy Scout activities. Dressed in the tell-tale green uniform adorned with cool patches, and of course, the knee high socks with the famous red stripe, I always dreamed of going to the National Scout Jamboree.

But it wasn't until I was on assignment for *All Hands* magazine, some 20 years after the experiences of my youth, did my dream of attending the Jamboree finally come true at Fort A.P. Hill, Va. I'm definitely not a kid anymore, but I couldn't help but feel excited about finally getting to see what it was all about. What I found out surprised even me, at my salty old age.

Being a Sailor is similar to being a Scout.

Wait, I can explain. When you join the Navy you automatically accelerate your life, for lack of better terms. The adventure, training and personal growth that awaits you can be overwhelming. This is true with the Scouts as well.

I remember when I first became a Scout, and wanted to get that coveted Eagle patch more than anything. What I went through to get it was just as hard as trying to attain a second-class crow.

Whether it's Scouting or the Navy, training is what it's all about. Learn new skills, prove you can accomplish the task and the patch is yours – just like the Navy advancement system.

Like a kid on a new bike, I peddled around the numerous tent cities at this year's Jamboree imagining what it would have been like to be cooking out with my buddies. I could only share in the experience from afar. There was no weenie roasting for me and no laughter shared with my friends, only a memory and idea of what it would have been like through the eyes of these Scouts. I couldn't help but feel like a kid again.

These days my time outdoors is spent covering stories about Sailors living in war-worn tents in Iraq, attending survival schools in the of Maine mountains or learning about sailing in Guantanamo Bay, Cuba, to name a few. It's a far cry from the southern back woods with my dad, but outdoor adventures, nonetheless. I still catch myself smiling from ear to ear when I think about all that I have seen.



Similar to my enjoyment, discovery and adventure, I witnessed an all too familiar look in the faces of the young Scouts. I could see an overwhelming look of awe as they feasted their eyes on the military hardware, strewn around for them to climb all over. It's the same look I'm sure I had the first time I set foot onto the flight deck of an aircraft carrier.

I photographed everything I could to keep this memory – frame by frame. The more I shot, the more I saw the similarities between the Navy and Scouting.

The Boy Scout Oath - the Sailors Creed, the Boy Scout Salute – the Navy salute. Teamwork, learning new trades, such as scuba diving, wilderness survival skills, enjoying the camaraderie, and the list goes on.

Of course serving in the military is very serious business and that's where the similarity ends.

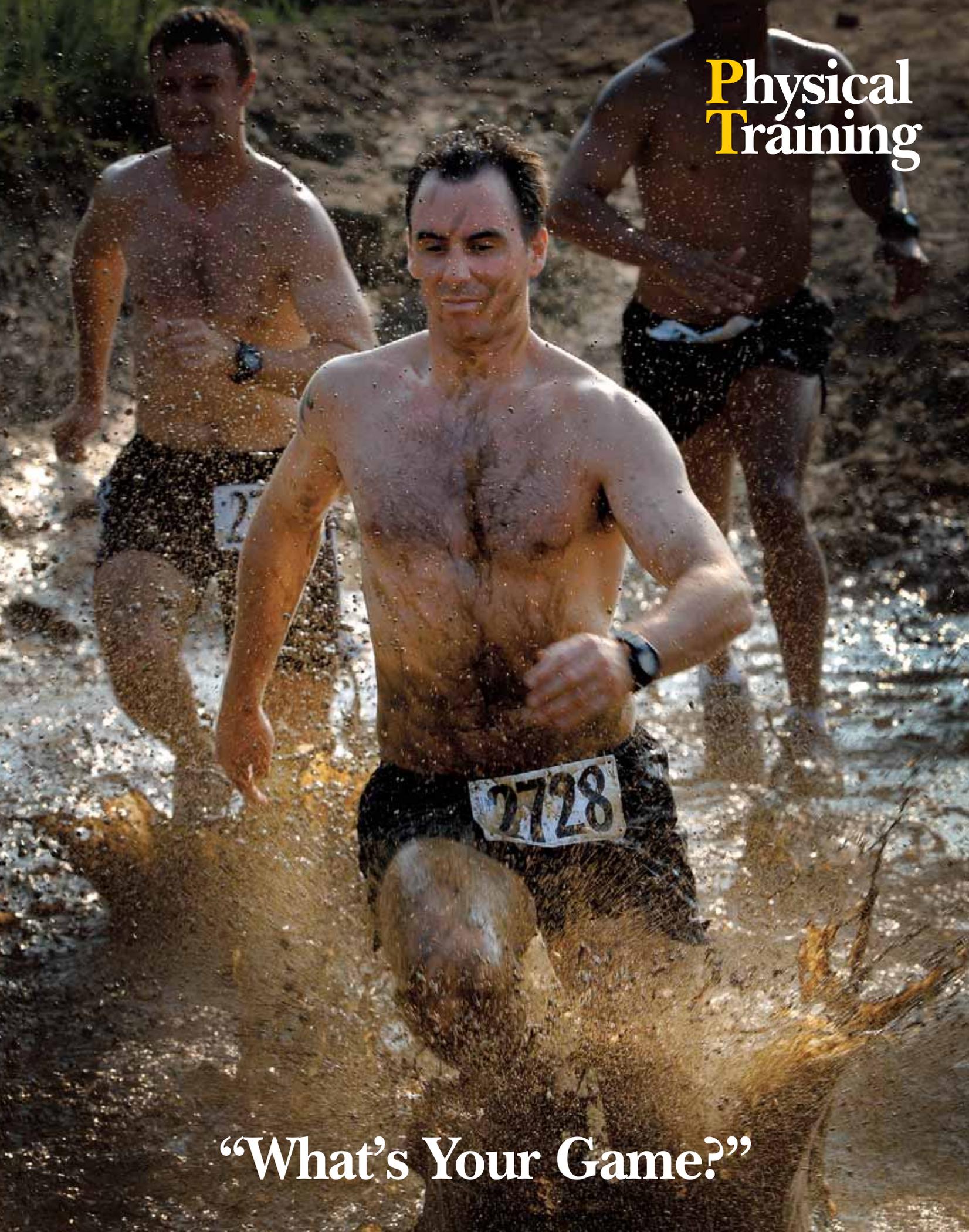
But the point is; maybe I really didn't miss that much by not attending the National Jamboree years ago. I joined the Navy and got the best thing, but the values I learned in Scouting – like loyalty and compassion for our country – have stayed with me, and always will. **✚**

Frantom is a photojournalist assigned to All Hands.

F R E E D O M



paid for by the men and women of the U.S. Navy

A triathlete is captured in the middle of a physical challenge, running through a muddy obstacle course. He is shirtless, wearing black athletic shorts and a race bib with the number 2728. He is splashing through deep mud, with a large amount of mud splashing up around his legs. In the background, two other participants are also running through the mud. The scene is outdoors, with a natural, rugged terrain. The overall atmosphere is one of intense physical effort and endurance.

Physical Training

“What’s Your Game?”